

Into the future—and the past

BY MARIANNE STREICH

AS PRACTITIONERS, we can all relate stories to illustrate that the effects of Reiki are not limited to the recipient, but can also impact his or her immediate family, extended family, friends, and co-workers. The same is true with each class we teach. We know that in addition to the student, each one with whom the student comes in contact and each one with whom they come in contact may be touched in some way. But we cannot know specific results beyond what is reported to us, or those that we may observe.

Early in my practice I was fascinated to learn that the effects of Reiki extend not only to the recipient's immediate sphere of influence and into the future, but also into the past and into the spirit realm. One of my first Reiki clients had a guide who always showed up for her sessions. A tall Native American named Walking Stick, I "saw" him in a buckskin jacket and flat-brimmed hat. He and the client had been brother and sister in another lifetime, and he was fiercely protective of her. Although devoted to the client, Walking Stick gave short shrift to women in general, and he and I had more than one acerbic exchange during our weekly sessions. One evening he did not arrive until after I had begun the treatment. I greeted him, and he responded in an uncharacteristically warm manner. I remarked on his cheerfulness, and, to my surprise, he replied, "I'm healing too." With that comment, I became aware for the first time that Reiki could help heal those who no longer inhabit physical bodies.


More recently, another entity appeared in my treatment room during a session with a client. I "saw" him as an older, white-haired man, dressed in a black robe trimmed in white that may have been a religious habit of some kind. He stood outside the circle of guides and made no attempt to participate



in the treatment. When he reappeared during a session for a different client, I asked him why he had come. He replied that he was there to be healed. This was another revelation to me—that an entity, as far as I knew unrelated to either client—would seek out my treatment room and receive healing simply through being present. I felt honored and humbled by the experience.

Once during a session for a client who had been horrifically abused as a child, the spirits of his parents entered the room. They asked me to tell him that his healing was also healing them. My own father, deceased for a number of years, appeared in spirit while I was receiving a treatment. He told me that he could not "go on" until he had addressed an issue between us. He asked for my forgiveness, which at that time I was unable to give. Through my own healing, I finally did forgive him. As a result, I was able to set in motion healing for him and his paternal ancestors of an unrelenting harsh-

ness and demand for perfection that entered their DNA many generations ago at a time when their survival demanded hardness and any misstep might have spelled disaster for the entire family and community.

The awareness that Reiki heals into the past as well as into the future has deepened my appreciation of its awesome power. It has also deepened the responsibility I feel to be conscious in every moment that my own healing and my practice of Reiki may have results beyond anything I might expect or even imagine. 

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You are invited to share your Reiki wisdom in this space as well. Articles are to be a maximum of 500 words and should be submitted as Word documents by email to: GTMFR@reiki.org